

Three-hole Booklet

*for use on the Wildflower Wayside Shrine Trail
at South Florida Community College
in Avon Park, Florida*

by Carol Mahler

Materials

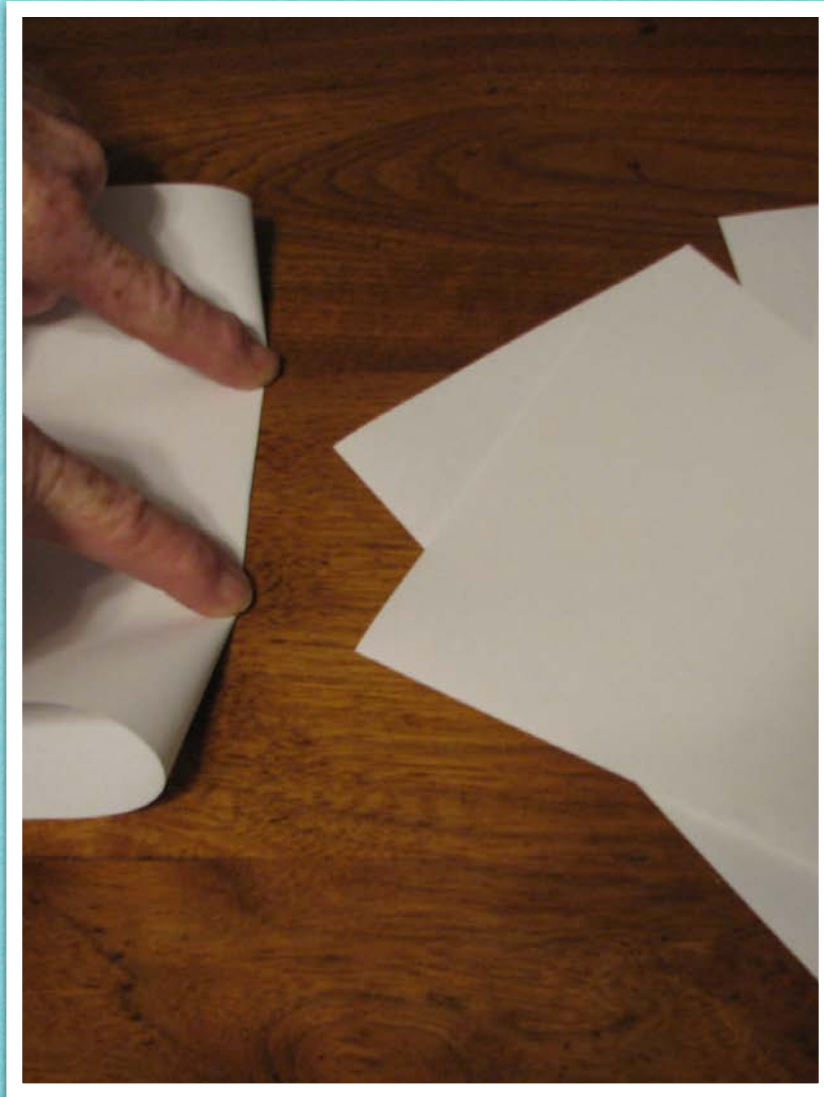
- ▶ 6 sheets of unlined 8-1/2" x 11" paper will become the pages of your booklet.
- ▶ 1 sheet of unlined 8-1/2" x 11" cover stock or other heavy paper will become the cover of your booklet.
- ▶ 20" length of narrow ribbon, string, waxed linen, yarn, or similar material will bind your booklet.

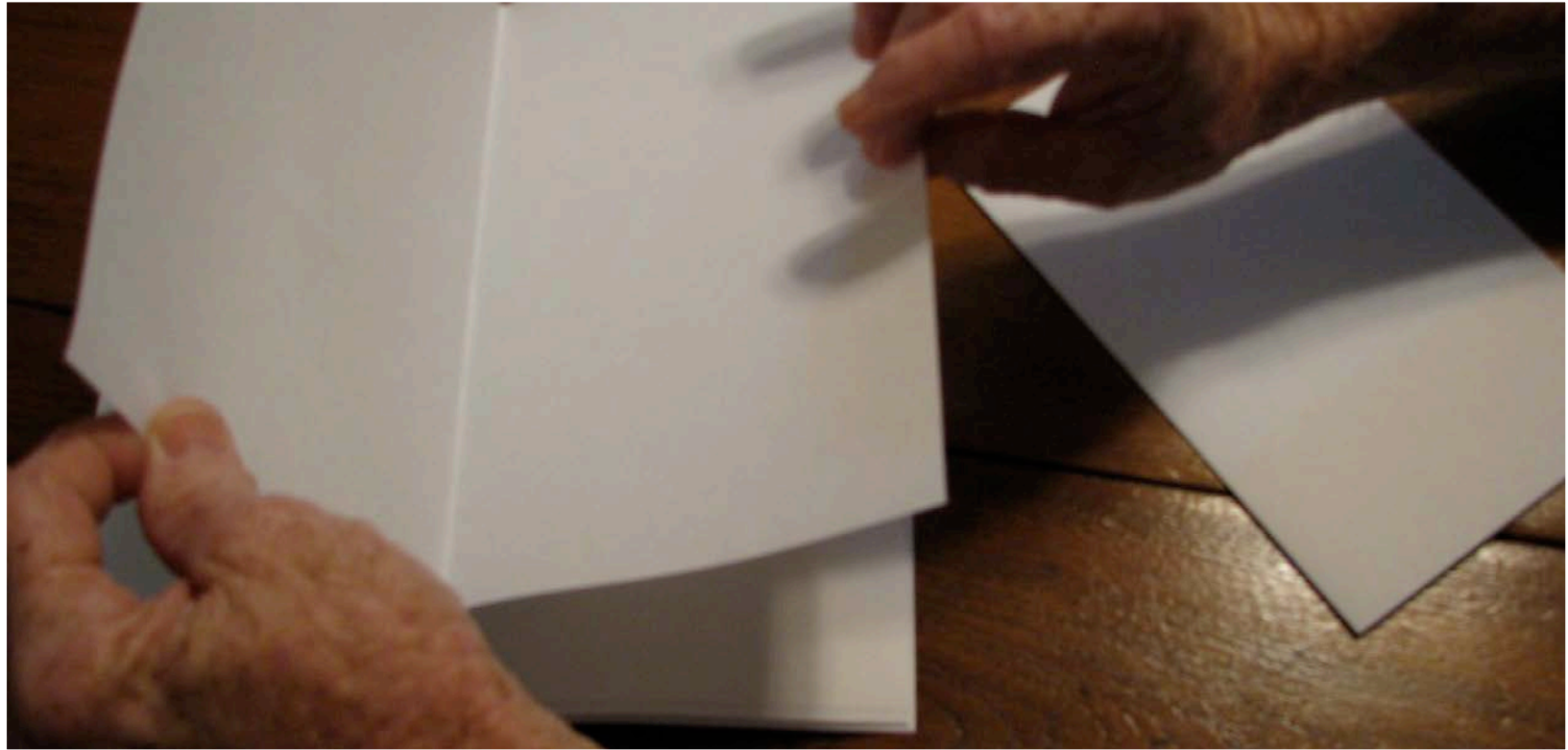
Tools

- ▶ Ruler
- ▶ Pencil
- ▶ Piece of corrugated cardboard or a paper towel folded into quarters
- ▶ Round toothpick
- ▶ Push pin, awl, or something similar

Pages

1. Fold each sheet of paper in half to make a 5-1/2" x 8-1/2" rectangle. The folded edge is called the spine.





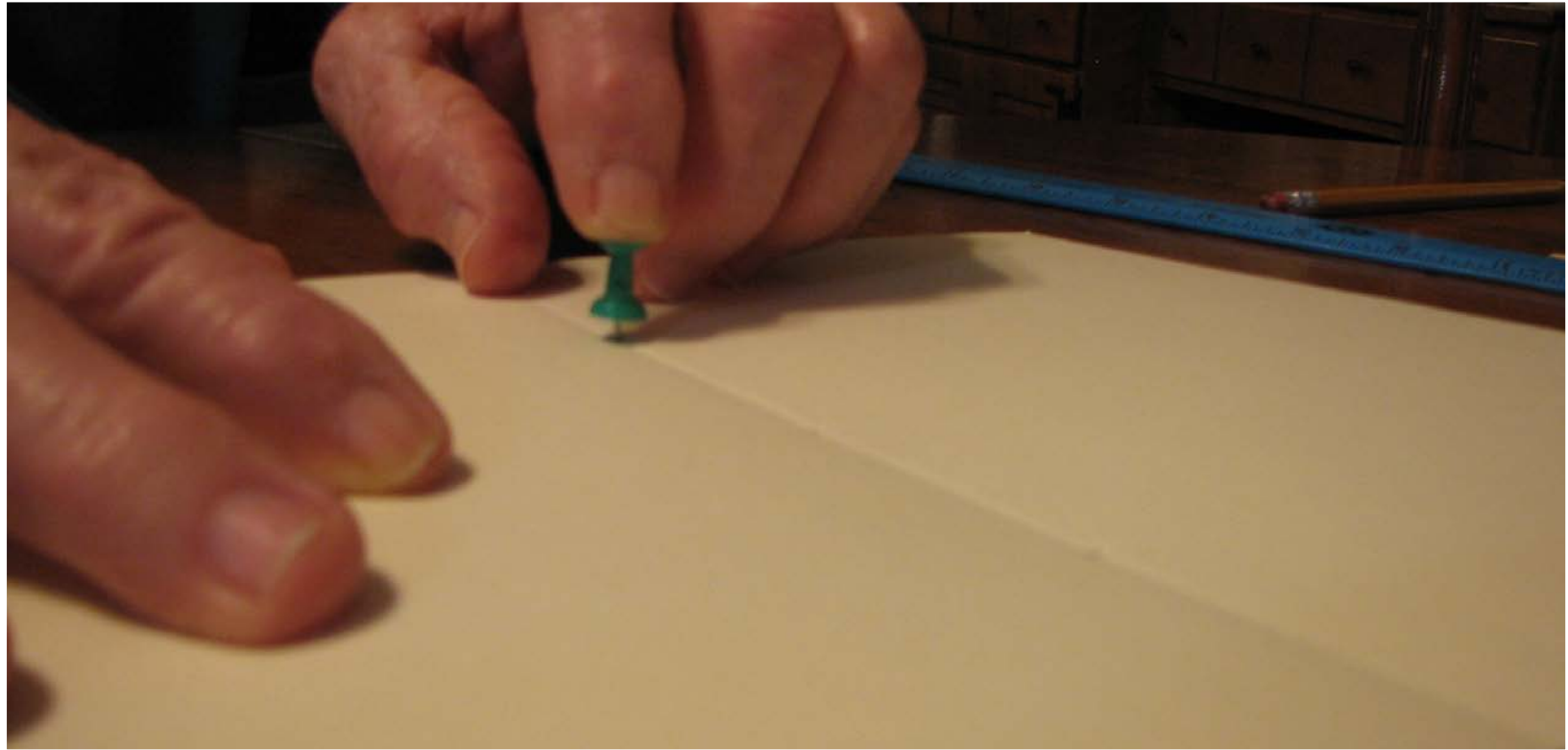
2. Open each folded page and form a signature by stacking each page on top of the others . . .

... and then fold them, so that they all form a 5-1/2" x 8-1/2" rectangle.





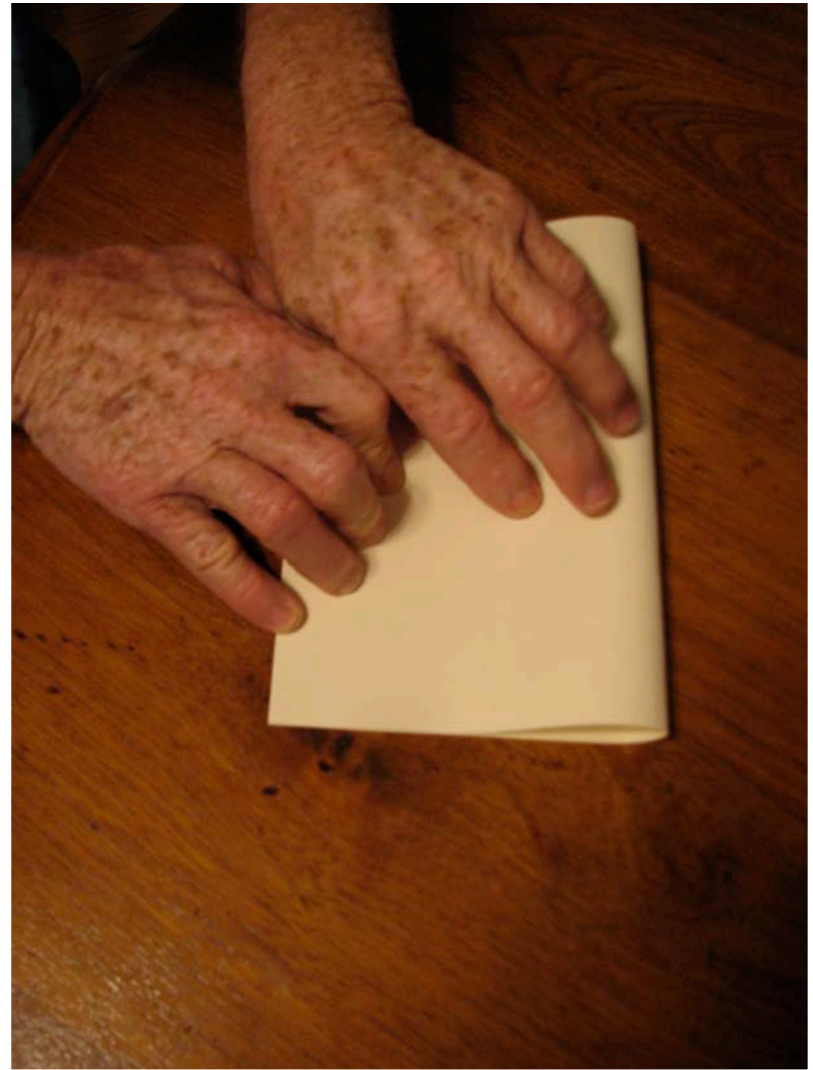
3. Open the signature and use the ruler to measure along the fold of the top sheet, marking a dot at the center ($4\frac{1}{4}$ ") and two inches to either side ($2\frac{1}{4}$ " and $6\frac{1}{4}$ ").



4. Place the signature on the cardboard or folded paper towel. Use a push pin or other tool to poke holes where you drew your dots.

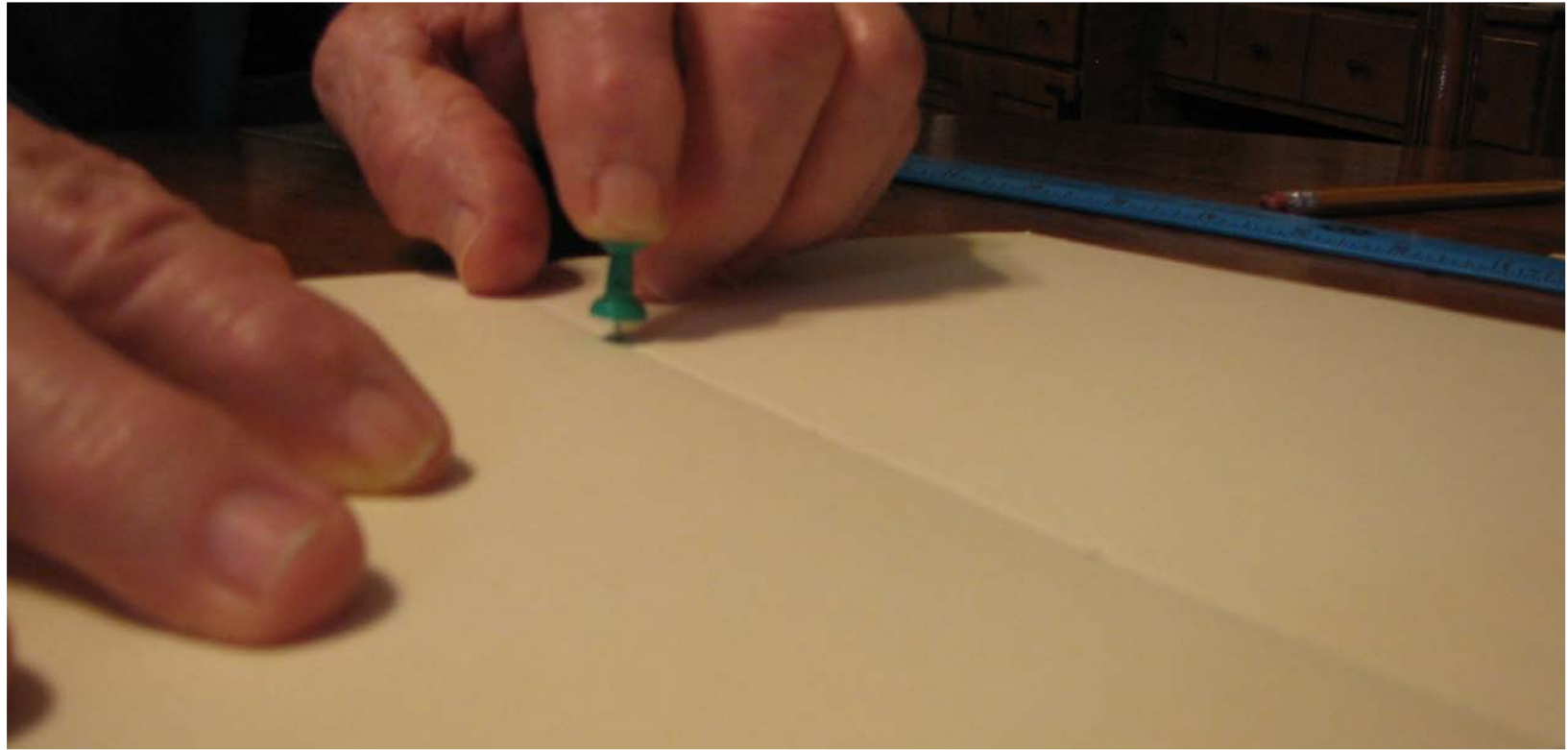
Cover

5. Fold the cover stock or heavy paper in half to make a 5-1/2" x 8-1/2" rectangle. The edge of the fold is the spine.



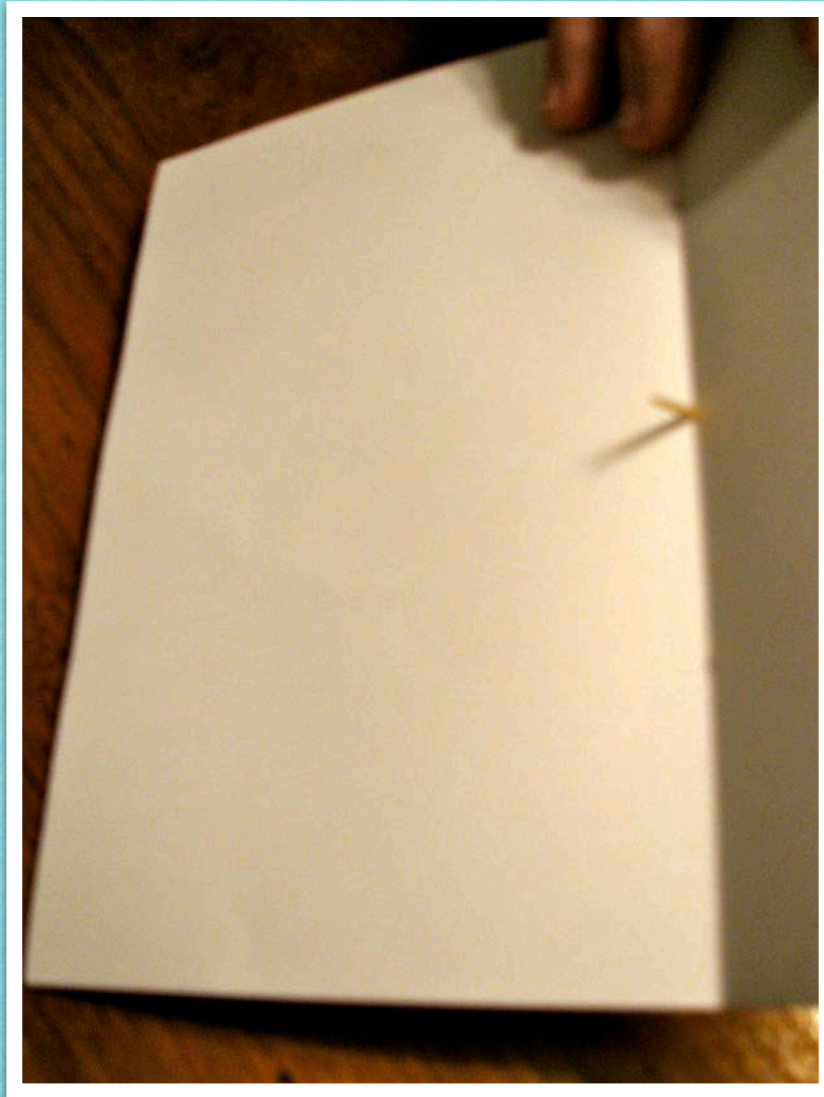


6. Open the cover, and use the ruler to measure along the fold, marking a dot at the center ($4\frac{1}{4}$ ") and two inches to either side ($2\frac{1}{4}$ " and $6\frac{1}{4}$ ").



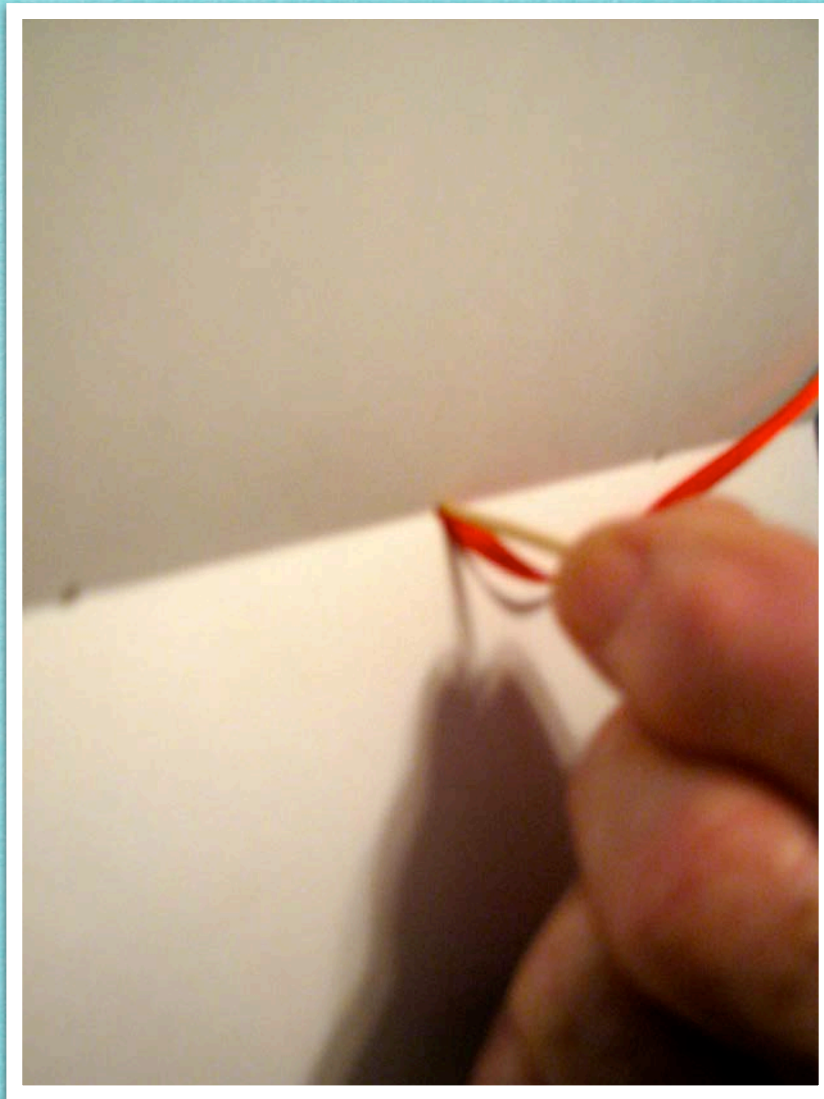
7. Place the cover on the cardboard or folded paper towel. Use a push pin or other tool to poke holes where you drew your dots.

8. Place the signature inside the cover. Use the toothpick to align and widen the holes.

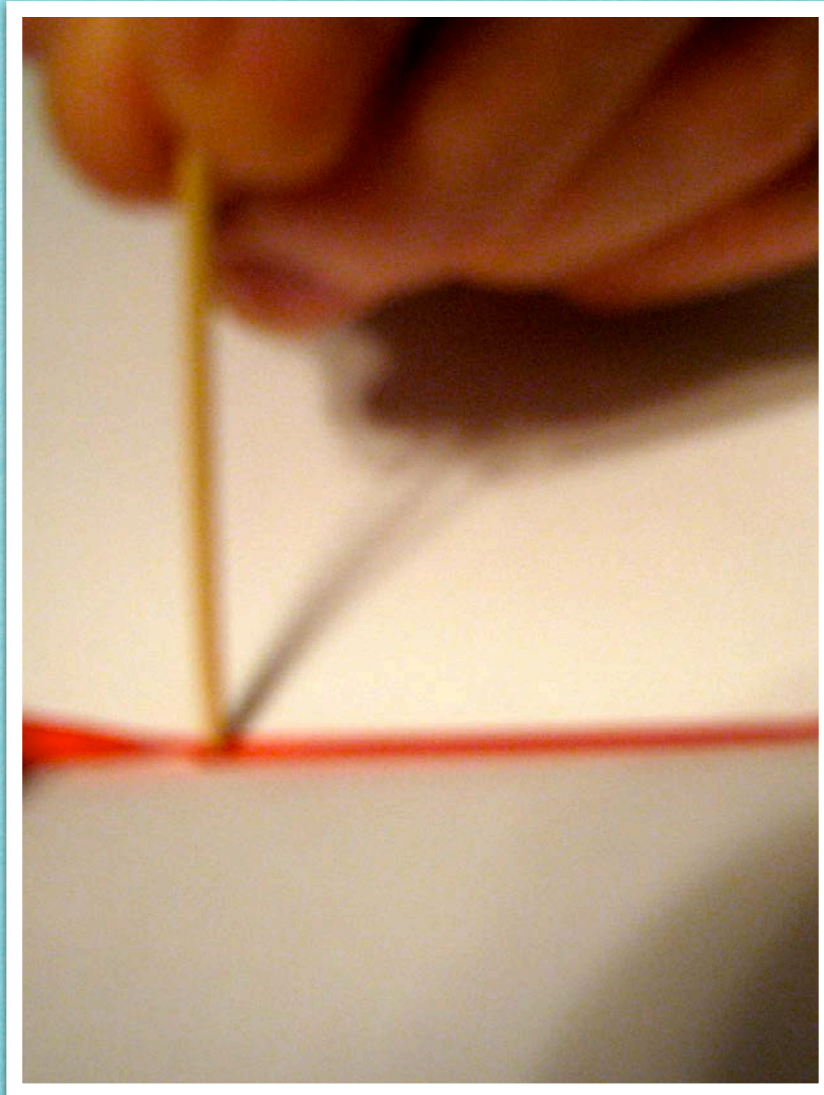


Binding

9. From the inside of the signature, push a 6-inch piece of ribbon, string or other material to the outside of the cover to form the “tail.”



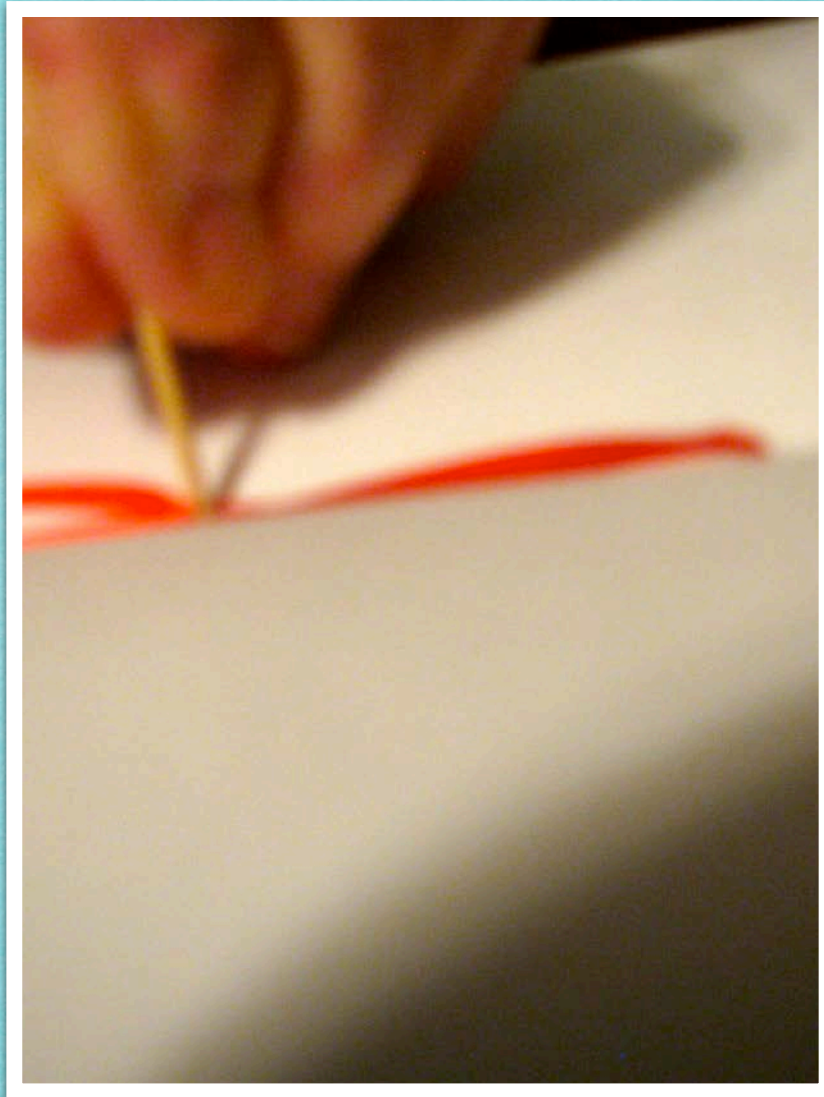
10. From inside the signature, push the other end of the ribbon to the outside of the cover, using the top hole. As you pull the string through, hold the “tail,” so it remains in place.



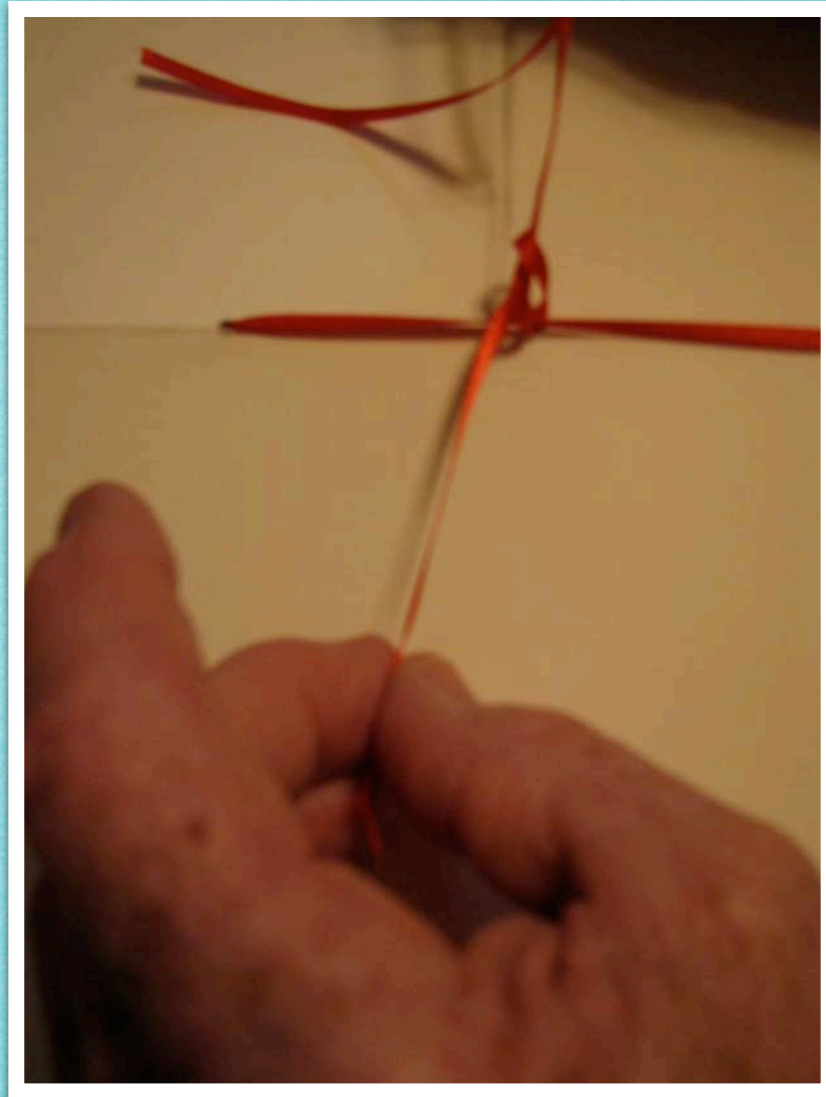


11. From the outside, push the long piece of ribbon through the bottom hole and pull it tight, forming a long “stitch” along the spine of the cover. Keep the “tail” in place.

12. From inside the signature, push the ribbon through the center hole without dislodging the “tail,” and pull it tight.



13. Position the length of ribbon you pulled tight and the “tail” on either side of the long stitch on the spine of the cover, and tie a knot or bow. Trim the ends, if needed.



Three-hole Booklet

*This Booklet can be
your literary journal,
visual journal, or
combination literary/
visual journal as you
tour the Wildflower
Wayside Shrine Trail.*

